

TIME OF SERVICES

Sunday:

Bible Classes	10:00 a.m.
Worship Service	11:00 a.m.
Worship Service	6:00 p.m.

Wednesday:

Bible Classes	7:00 p.m.
----------------------	------------------

Office (870) 933-9134

Elders

Kemuel Camp	(870) 930-6970
Scott Stubblefield	(870) 934-8874

Deacons

Phillip Cassidy	(870) 623-2588
Jeff Ladyman	(479) 236-5365
Steve Lands	(870) 974-1976
Travis Moody	(870) 650-1649

Preacher

John Mundy 870-623-5339

Editor

Dick Blackford 870-919-2266

**THE BIBLE AND THE BIBLE ONLY,
MAKES CHRISTIANS AND CHRISTIANS
ONLY. THE CHURCH OF CHRIST IS
COMPOSED OF CHRISTIANS WHO HAVE
NOT JOINED A DENOMINATION.**

StoneRidge Church of Christ

where CHRIST is the chief cornerstone
1 Peter 2:7



Vol. 15, No .28

February 26 , 2023

The Christian's Diet

A well-balanced diet consists of eating the proper foods. Improper foods can harm one physically. This is also true, spiritually. The Bible contains a good diet for children of God to follow.

What To Eat and Drink:

1. Drink of the spiritual rock (1 Cor 10:3)
2. Eat living bread (John 6:51)
3. Hunger and thirst after righteousness (Matt 5:6)
4. Eat of the labor of thine own hands (Ps 128:2)
5. Eat and drink the flesh & blood of the son of man (John 6:53; Lk 22:19,20)
6. Eat the bread of wisdom (Prov 9:5)

What Not To Eat and Drink:

1. Anything that causes brethren to stumble (Rom 14:21)
2. The bread of idleness (Prov 31:27; Lk 12:19)
3. The fruit of lies (Hos 10:13)
4. Don't bite and devour one another (Gal 5:15)
5. The dainties of men that work iniquity (Ps 141:4)
6. The fruit of your own way (Prov 1:31)

This diet prescribed by the Great Physician, when followed with gladness, brings good and lasting results. -db

I Attend Bible Classes Because...

As long as I can remember, I have attended Bible classes. As a child, I am sure I went because of a godly father and mother. But my reason for attending Bible classes today are different. I confess the distinct possibility that had it not been for parents who strongly believed in the importance of attending Bible classes, I would not be attending - would not even be a Christian- today.

I attend Bible classes because:

1. It is a delightful way to obey a scriptural command: (2 Tim 2:15; 2 Pet 1:5ff; 3:18; 1 Tim 4:13; Jn 5:39)
2. ...Of my desire to imitate first century Christians (Acts 2:41-47; 17:11)
3. I have a son and a daughter: (Prov 22:6; Eph 6:4)
4. I like to be with my brothers & sister (Rom 12:10; 1 Jn 4:7; 3:14)
5. I want to do good, to abound in good works (Js 4:17; 2:18; Ec 9:10; Rev 20:12,13; 14:13; 2:2,9,13,19)
6. I want to be consistent (Titus 1:16)
7. I must protect & maintain good influence (Mt 5:13-16; Rom 14:7)
8. It helps keep my spiritual temperature high (Rev 3:15,16)
9. I love the church at StoneRidge (1 Thes 1:2)
10. I love the eldership (Acts 20:28; Heb 13:17)
11. I want to keep my values properly adjusted (Mt 6:33). If the devil can get me to put Christ and his church in 2nd place, that's all he wants.
12. I love the truth (2 Thes 2:10-12; Mt 5:6)
13. I love the Lords and reverence God (Lk 6:46; Jn 14:15).
14. I want to be a good example (1Tim 4:12)
15. I shall be judged by the Bible (Jn 12:48)

Conclusion: There's 15 reasons. Can you think of one reason one should not attend?

THE SICK. Haley Kortan had successful knee surgery yesterday and will be recuperating at home for a few days... **Virginia Bishop** is still facing health challenges, particularly with her feet and legs.it.... **Charles Wayne French** (Nola Christenberry's brother) continues to receive treatment for cancer. **Sandra Stubblefield** will have surgery on her hand soon... **Sherry Boylls** has Covid and has requested prayers from the congregation, so be sure to include her.. Remember our shut-ins: **Madonna Vines** is confined at home.. **Bob** and **Jean Evans** are also confined at home... **Gail Brooks** and **Rita Kieffer** are both at St. Bernard Village... **Shirley Coots** at Lawrence County Nursing (hospice care)... **Joyce Riley** is at St. Elizabeth's Place... Continue to remember all of these in your prayers.

HELLO BABY! We rejoice with **Kyle** and **Evyn Cassidy** on the arrival of their firstborn, Miss **Canaan Elain Cassidy** on 2/22/23. She weighed 5 lbs, 15 ounces. Being a lady, this is the last time we will hear about her weight. She was also 20 inches long. Welcome!

GOSPEL MEETINGS (Mark your calendar!)

March 19-22 -Tuckerman - Different speakers:

19th - A.M. Jason Henley, P.M. Eli Henley

20th - John Mundy

21st - Rick Gilreath

22nd - Dick Blackford

April 9-14 - STONERIDGE - Wilson Adams

PODCAST! Hear a lesson from God's word each morning from John Mundy on Facebook & YouTube, 8 am.

MARCH BIRTHDAYS 4th - Sue Lane; 12th - Brenden Camp; 14th - Austin Shiflett; 17th - Ezra Thetford; 26th - Tracy Wilson; 28th - Jack Ladyman

"One young man said when he went to the hospital in Birmingham that when he returned, he would get me to baptize him. But he didn't; his folks got me to preach his funeral. It's sometimes like that."
-Pryde Hinton

